Hello SUMMER

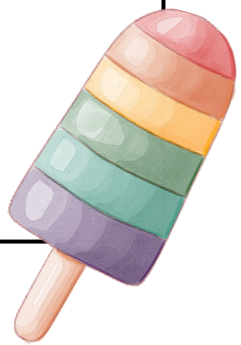
MONDAY READING	TUESDAY ART	WEDNESDAY MATH & SCIENCE	THURSDAY PLAY OUTSIDE	FRIDAY TRIP	WEEKEND KINDNESS
• Write a letter to a friend • Read outside on a beach towel • Write a poem • Create a new recipe • Read at a park • Go to the library • Read a book to a pet • Write a story about summer • Read about another country • Write a new ending for a favorite book • Make a grocery list • Start a reading club with some friends	• Create a chalk mural • Create and play an instrument • Make a birdfeeder • Make homemade play dough • Draw your favorite place • Draw flowers from your state • Cut up one of your drawings to make a puzzle • Read about an artist • Paint rocks • Look at and paint the sky on a cloudy day • Design a board game • Design a bird house	• Build a fort • Make up a science song • Design a rocket • Design a new plant species • Read a book about a scientist • Fly paper airplanes outside • Do an experiment • Invent something new • Create a plan for a new park • Start a plant collection • Have a toy sale • Make homemade ice cream	• Plant some seeds • Go fishing • Visit a garden • Wash the car or a bike • Make bubbles • Go on a treasure hunt • Start a rock collection • Build a sand castle • Create a backyard theater • Create a fairy garden • Identify birds in your area • Climb a tree	• Go to the zoo • Go to a baseball game • Pick fruit at a farm • Go to a parade • Visit a farmers' market • Go to a new park • Visit an art museum • Have a picnic in a special place • Go to a fair • Visit a science museum • Go to an ice cream shop • Visit a state park	• Make and send a card • Share cookies with a neighbor • Donate clothes or toys • Help a friend in their yard • Leave a thank you note for someone • Help someone in your family • Pick up litter in your neighborhood • Write inspirational chalk messages • Offer 3 honest compliments • Spend some time with a pet • Bring donations to the community food pantry • Plant a tree

BilingualBalance.com

Each DAY

You need to...

- Eat breakfast
- Get dressed
- Brush your teeth
- Comb your hair
- Make your bed

Also...

- Read for 20 minutes
- Play outside for 20 minutes
- Draw or write for 20 minutes
- Help someone in your family
- Do your chores